

Powerlifting Report for WASUSA 2012

This year the goal was to increase competition across the country in Powerlifting. It is a pleasure to say that we did increase competitions to several of our regional meets. We increased the number of lifts by 4 competitions. The total number of competitions that included Powerlifting were 12 lifts around the country. We also are working on adding to the new website the locations of the benches so that we can offer our members their use. Please keep us informed if you know of new benches that are available to our athletes.

The committee is looking for some added members to help organize clinics for the athletes both adults and juniors. We also would like to certify new officials so that the competitions are being properly managed. There are many disabled individuals around the country who are interested in this sport but need help with training. In Ohio I met with a private gym and there are interested in blending our lifts with their other weightlifting competitions. I have offered our services to them and I hope they will follow-up with their dreams.

There is no doubt that this sport can grow tremendously. We need to provide more competitions, professional trainings, and supports to make this happen. If you are interested in helping this committee please feel free to email me.

Respectfully Submitted
Debbie Armento
Powerlifting STC Chairperson